

# Family and Consumer Sciences

## Food, Fitness, and Nutrition

Please be prepared for class each day. It will be a part of your preparation grade. You must be in the room when the bell rings. You will be counted tardy if you are not.

You will need to bring with you:

1. Pencil or pen (**NO RED INK**)
2. Binder for handouts
3. Loose leaf paper

**(Work will not be accepted on spiral.)**

4. Agenda

### GRADES:

30% Preparation and Participation

70% Tests, Quizzes, Labs, Homework,  
Reports (word processed), and Projects

**Possible films will include, but are not limited to the following: Food Inc., Supersize, and Ratatouille.**

Assignments are due at the BEGINNING of the period. **Unexcused late work will not receive a grade higher than a 65.** There will be alternative written assignment for missed labs. It is your responsibility to get missed notes, assignments, quizzes, and tests from me for legal absences. **This is to be done after school.**

Each class will have a final evaluation.

Please do not bring any food into the classroom unless you have enough for everyone!

**NO GUM OR CANDY!**

I am available for extra help from 2:45 until 3:15. (I will stay later with you if you make prior arrangements.)

Family and Consumer Science classes are enjoyable and useful, that's why I teach them. I would hope that if you need extra help or have a problem you feel free to discuss it with me.

**DUE DATE: September 116, 2016**

**Student Signature**

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*Parent/Guardian's Signature*

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*The best way for me to contact you is (check all that apply):*

\_\_\_\_ at **home** at the following number \_\_\_\_\_

\_\_\_\_ at **work** at the following number \_\_\_\_\_

\_\_\_\_ on my **cell phone** \_\_\_\_\_

\_\_\_\_ **email** at \_\_\_\_\_

*Thank you for taking the time to read this syllabus. If you wish to contact me, please feel free to e-mail or call.*

Mrs. Jolene Caruso  
[carusoj@corinthcsd.com](mailto:carusoj@corinthcsd.com)  
654-9005