



# JANUARY 2019

Corinth Central School  
K - 12

## Breakfast Meal Pricing

Full-Price - \$1.50

Reduced - \$ .25



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**Additional Daily Meal Choices Include;**

- Whole Grain Bagels with Cream Cheese or Peanut Butter
- Assorted Whole Grain Cereals
- Assorted Whole Grain Cereal Bars
- Wheat Toast with Margarine or Jelly

All Breakfast Meals include a Fruit, Juice and Milk Choice

New Year's Day!  
Happy 2019

Warm Bagel  
with Cream Cheese  
or Peanut Butter

WG Apple Frudel

Colby Cheese Omelet  
with WG English Muffin

Warm Bagel  
with Cream Cheese  
or Peanut Butter

Waffles  
with Syrup

Eggwich on a  
WG English Muffin  
with Cheese

WG Muffin  
Cheese Stick

WG Breakfast Pizza

Warm Bagel  
with Cream Cheese  
or Peanut Butter

WG French Toast Sticks  
with Syrup

Eggwich on a  
WG English Muffin  
with Cheese

WG Mini-Cinni

Egg & Cheese  
WG Breakfast Wrap  
w/ Salsa

No School  
in observance of  
Martin Luther King Jr. Day

Warm Bagel  
with Cream Cheese  
or Peanut Butter

Eggwich on a  
WG English Muffin  
with Cheese

WG Warm Oatmeal Round  
Low - Fat Yogurt

Scrambled Eggs  
with WG English Muffin

Warm Bagel  
with Cream Cheese  
or Peanut Butter

Pancakes  
with Syrup

Eggwich on a  
WG English Muffin  
with Cheese

WG Muffin  
Cheese Stick



All student meals include an 8 oz. serving of Fat-Free or Low-Fat Milk and a 1 cup serving of assorted Fresh or Canned Fruits or Juice. To qualify for a student priced meal, students must take a minimum of 3 items offered with one being a serving of fruit. Each day the items are Grains, Fruit and Milk. Some breakfast entrees include a protein for a combination item, which would count as 2 items (1 Grain & 1 Protein). We encourage students to take all that is offered to make up a filling and nutritious meal that meets the minimum nutrition standards to learn.

Free & Reduced Meal Applications are available online at [www.corinthcsd.org](http://www.corinthcsd.org), your students' School office or the Food Service office.

For Breakfast and Lunch Program questions or information on the Free & Reduced Meal Program, please contact Lisa Tevendale at: (518) 654-9005 extension 3114 or email - [tevendalel@corinthcsd.org](mailto:tevendalel@corinthcsd.org).

**This menu may change without notice due to circumstances beyond our control.**